***Taiji Camp at Hesselberg from 02.09. til 06.09.2026***

Dear Taiji practitioners,

We hereby cordially invite you to the one-week Taiji seminar with Hella Ebel and Roland van Loefen in Hesselberg.

The workshop program includes the Five Relaxing Movements by Huang Sheng Shyan, Taiji forms and partner work. We convey many small details that can give us a completely new awareness of the inner and outer movement of Taiji.

Beginners in the Huang system are also welcome.

Early registration helps the organization a lot. That's why this time there is an early bird discount if you register by June 1st, 2026. Unfortunately, the house charges a hall rent of probably 450€, which would be about 30€ per person.

The workshop begins on Wednesday with dinner and ends on Sunday with lunch.

Timetable:

6.00 – 7.00 Free Training

7:00 – 8:00 Free Pushing Hands

8:00 Breakfast

9:30 – 11:30 Lessons

12:00 Lunch

16:00 – 18:00 Lessons

18:00 Dinner

19:00 – 21:00 Lessons

We need a filled and signed registration form from each participant! Please send this to Hella via e-mail: hella@taiji-schule-os.de

or by post: Hella Ebel, Natruper Strasse 6, 49076 Osnabrück

**Location of the Evangelical Education Center and how to get to the Hesselberg:**

|  |  |
| --- | --- |
| Der Weg zum EBZ Hesselberg |  |

The Evangelical Education Center is in a secluded location on the Hesselberg. The adress is:

Evang. Bildungszentrum Hesselberg
Hesselbergstr. 26
91726 Gerolfingen

There is a day café and an indoor pool in the complex. The indoor pool can be used free of charge by course participants.

At 689 m, the Hesselberg is the highest peak in Middle Franconia. As a witness of the Franconian Jura mountain Hesselberg is the geographic center between the Romantic Road, the New Franconian Lake District, Nördlinger Ries and the rococo town of Ansbach.

Arrival by car: A6 exit 52 (Ansbach/Wassertrüdingen)

A7 exits 111 (Feuchtwangen) or 112 (Dinkelsbühl)

Then orient yourself towards the towns of Wassertrüdingen and Dinkelsbühl.

The training center is located above the village of Gerolfingen.

The way up to Hesselberg is only possible from there.

In Gerolfingen - on the state road 2218 between Wassertrüdingen in the east and Dinkelsbühl in the west - clear signs point the way to the Evang. Education Centre. There is no direct connection by public traffic. The nearest train station is Gunzenhausen.

**It is possible to be picked up from the Evangelical Education Center** **at Gunzenhausen train station for 15€. If necessary, please contact the training center in advance.**

Further information on the Evangelisches Bildungszentrum Hesselberg can be found on the following page: https://ebz-hesselberg.de

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| Registration form |

I hereby register for the Taiji workshop with Hella Ebel and Roland van Loefen from September 2nd to September 6th of 2026 at Evangelisches Bildungszentrum Hesselberg.

|  |  |
| --- | --- |
| Surname | First name |
|  |  |
| Street, house number | Postal Code, city |
|  |  |
| Telephone | E-mail |
|  |  |

I have the following room request:

|  |  |
| --- | --- |
|  | Single room with shower/toilet and full board for €98 per day (for several days, one-time overnight stay €10 surcharge). |
|  | Double room with shower/toilet and full board €91,50 per day per person.  |
| Name of the room partner if you wish to have a double room:  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Meals |  | vegetarian |  |  | meat |

|  |  |  |
| --- | --- | --- |
| The course fee for the lessons is: |  | € |

A fee of 5 € is required for an individual billing of the accommodation for the tax office.

If you take part in the workshop for a shorter period of time, you will be charged €15 per lesson (with 6 lessons per day to be paid). With an early bird discount of €14 per lesson and, if possible, a reduction in the hall rent.

An early booking discount is only available with a binding registration (signed) and a transfer of €30 for the hall rental by June 01th, 2026 to the following bank account:

Hella Ebel

IBAN: IBAN: DE75 2659 0025 0309 3727 00

BIC: GENODEF1OSV

**Early bird 250€ course fee later 275€**

Registration is possible until July 15th, 2026.

I take part in the workshop on my own responsibility and in good health. No liability is provided in the event of accidents. Attendees participate on their own risks.

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| Place, date | Signature |
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